

# Rhythmic Gymnastics

**New Program**

at Desert Gymcats

Are you flexible?  
Love music and dance?

*This is the sport for you!*



## Try Rhythmic Gymnastics

### **Beginner levels**

Girls ages 6 years and older  
Saturdays 3:30 - 5:30pm

### **Advanced Levels**

Wednesdays and Fridays 1 - 3pm  
(homeschooled gymnasts)

For more details call

**Desert Gymcats**  
**(702)798 3547**

**First class is Free**

**[www. desertgymcats.com](http://www.desertgymcats.com)**

Handling  
Apparatus:

Rope

Ball

Hoop

Ribbon

Clubs